

Annandale Middle School and High School
Winter Sports & Activities Information and Individual Team Meeting Plan
2016-17



ONLINE REGISTRATION IS OPEN: Annandale Middle School (AMS) and Annandale High School (AHS) students are encouraged to register for sports and activities online. Registration can be completed on the “Athletics/Activities” tab (<http://www.annandale.k12.mn.us/athletics-activities>) on the school website. In less than 10 minutes, the MSHSL form and online payment for sports/activities fee can be completed - registration is now open.

NOTE: The 3-step registration sport/activity process is listed on page 3 of this flyer.

WINTER 2016-17 SEASON START DATES:

Dance Team (Grades 7-12) – Mon, Oct 24
7th and 8th grade Girls’ ONLY basketball* – Mon, Oct 24
Girls’ Hockey (co-op with Monticello and host school St. Michael-Albertville) – Mon, Oct 31
Alpine Ski (Grades 7-12) – Mon, Nov 14
High School Girls’ Basketball (Grades 9-12) – Mon, Nov 14
Boys’ Hockey (co-op with Maple Lake and host school Monticello) – Mon, Nov 14
Gymnastics (Grades 7-12) – **Mon, Nov 14** (in the original document, I listed Mon, Nov 21 as the start date for gymnastics, which is incorrect)
Wrestling (Grades 7-12) – Mon, Nov 21
High School Boys’ Basketball (Grades 9-12) – Mon, Nov 21
7th and 8th grade Boys' ONLY basketball* – Tues, Jan 3
One Act Play – Auditions (Tues, Nov 29 & Thurs, Dec 1) and Rehearsals (begin Mon, Dec 5)
Mock Trial – Season to begin in Nov (exact start date: TBD)
Robotics (Grades 9-12) – Sat, Jan 7
Speech (Grades 7-12) – Tues, Jan 3 (individual student-coach sessions in Dec)
Business Professionals of America (BPA) (Grades 9-12) – Season is already underway

NOTE*: See further info regarding the new split season 7th and 8th grade basketball schedules on the “Athletics/Activities” webpage (<http://www.annandale.k12.mn.us/athletics-activities>) - see the last link under the “SCHEDULES” subheading.

New this school year – format for preseason meetings

The format for this year's preseason meetings is different from previous years. Prior to this school year (on Tues, Aug 9), we held a (once-per-school year) general meeting with the activities director for all AMS and AHS students (and their parents/guardians) that planned to participate in a sport or activity during the 2016-17 school year (regardless of the season in which the sports/activity takes place: fall, winter, or spring).

The information reviewed at this meeting can be found on the Athletics/Activities webpage (<http://www.annandale.k12.mn.us/athletics-activities>) - see the last link under the "2016-17 SPORT/ACTIVITY REGISTRATION PROCESS" subheading. **All students involved in winter sports/activities, and their parents, are expected to review this information prior to the winter season.**

Format for mandatory student, parent, and coach individual team meetings (winter 2016-17)

This winter (and, later on, in the spring), there will not be a general preseason sports/activities meeting. However, prior to the season or in the first week(s) of the season, each winter sport/activity is required to schedule a mandatory individual team meeting that includes students, parents, and coached to review items such as: team expectations, rules, procedures, communication channels, and practice schedules.

If you or your son/daughter are not able to attend this meeting, (prior to the meeting, if possible), please notify the coach (using the Annandale Coaches and Advisors and Email Address Directory, which can be accessed on the Athletics/Activities webpage (<http://www.annandale.k12.mn.us/athletics-activities>) - see the second link under the "GENERAL INFORMATION" subheading.

Winter 2016-17 student, parent, and coach preseason meeting schedule:

- Dance Team (Grades 7-12) – Mon, Oct 24 @ AES Computer Lab C @ 5:30 PM
- 7th and 8th grade Girls' ONLY basketball – Mon, Oct 24 @ 5:30 PM in the AMS A Gym
- Alpine Ski (Grades 7-12) – Thurs, Nov 3 @ 6 PM @ Powder Ridge
- Girls' Hockey (co-op with Monticello and host school St. Michael-Albertville) – Mon, Nov 7 @ 6 PM @ Monticello High School (Cafeteria)
- Boys' Hockey (co-op with Maple Lake and host school Monticello) – Mon, Nov 7 @ 6 PM @ Monticello High School
- High School Girls' Basketball (Grades 9-12) – **Mon, Nov 14 at 6:00 PM @ AHS**
- The following winter sports/activities will hold a preseason meeting on Tues, Nov 15 @ 7 PM @ AHS (exact room assignments: TBD)
 - Gymnastics (Grades 7-12)
 - Wrestling (Grades 7-12)
- High School Boys' Basketball (Grades 9-12) – **Tues, Nov 22 at 7:00 PM @ AHS**
- One Act Play – Tues, Dec 6 from 6-7 PM in **Mr. Johnson's Classroom (#301)**
- Mock Trial – meeting to be held in December (exact date/time/location: TBD)
- Robotics (**Grades 9-12**) – meeting to be held in mid-December (exact date/time/location: TBD)
- Speech – meeting to be held in January (exact date/time/location: TBD)
- 7th and 8th grade Boys' ONLY basketball – meeting to be held late Dec./early Jan. (exact date/time/location: TBD)
- BPA – Season is already underway

Red Font = Change from the Original Schedule

Sports/Activities Registration Items

The following registration items need to be completed, prior to being eligible to participate in practice/competition (this info can also be found on the Athletics/Activities" webpage:

<http://www.annandale.k12.mn.us/athletics-activities>):

1. Complete the online MSHSL form and emergency information (only once per year). Click on the "Online MSHSL Eligibility Form" link below to complete the forms (should take about 5 minutes). [Online MSHSL Eligibility Form](#)

*Upon request, there are hard copies of these forms available in the High School Office if you would prefer to fill it out by hand.

2. Pay your activity fee through Parent Portal (or by bringing in a check/cash to the HS Office).

*Sport/Activity Fees for 2016-2017:

Athletic Fees - Grades 9-12: \$150 per Sport

Athletic Fees - Grades 7-8: \$125 per Sport

Activity Fee - Grades 9-12: \$85 per Activity

Activity Fee - Grades 7-8: \$72 per Activity

*Price Caps:

Individual Student Cap - Grades 9-12: \$300

Individual Student Cap - Grades 7-8: \$250

Family Cap: \$500

3. For athletics, make sure you have a current sports physical on file in the High School Office. (They are good for three years)

*7th and 10th grade athletes (or any athlete who does not have a physical on file) - **you will need a sports physical**. Print the 2016-2017 Sports Physical Form from the athletics link under "Sports Physical Form". Bring it with to your sports physical. Once completed with your physician, you can drop them off at the HS or MS office, at the Back to School Day (which will be at the Annandale Elementary School on Tues, Aug 9), drop them off at the AHS activities office during the summer office hours (Wednesdays from 8 AM-Noon), or mail to Wendy Storkamp, PO Box 190 Annandale High School, Annandale, MN 55302).

If you are not sure if you have a current physical on file, please call Wendy Storkamp at 320-274-8208, ext. 3701. DO NOT DELAY.

Link to Concessions Volunteer Sign-up Schedule:

<http://cardinalathleticfoundation.org/volunteers/>